

## BREAKFASTS

<b>NEW</b>	• HEALTH BREAKFAST Plain yogurt, fruit salad, muesli and a freshly baked mini muffin	R50
	• FRENCH TOAST Smooth cottage cheese, honey and fruit salad OR Bacon and cheddar cheese	R50
	• FISHERMAN'S BREAKFAST 2 eggs, bacon, grilled tomato and toast	R45
	• THE BURGUNDY BREAKFAST 2 eggs, bacon, creamed mushrooms, grilled tomato, beef sausage, and toast	R65
<b>NEW</b>	• EGGS BENEDICT 2 poached eggs with Salmon or Gypsy ham served with hollandaise sauce on a bun	R70
<b>NEW</b>	• Savoury mince with eggs on 2 slices of toast served with cheddar cheese	R55
	• Croissant with scrambled eggs and salmon	R60
	• Croissant with scrambled eggs and bacon	R50
	• Scrambled eggs on Ciabatta or Rye	R35
	> Add bacon	R15
	> Add tomato and mushroom	R15
	Sardines on toast (Rye or Ciabatta) Served with a fresh side salad	R45
	Anchovy or Bovril toast 2 Slices white, rye or seed loaf served with a side salad	R25

## SOMETHING SWEET

	Buttermilk scone with whipped cream and preserves	R30
	Health muffin with preserves and grated cheddar	
	Plain Croissant with cheese and preserves	
	Crème brûlée	R40
	Malva pudding and vanilla ice cream	R40
	Vanilla ice cream with chocolate sauce and pecan nuts	R35
	<b>Cake</b> – served with Chantilly cream or vanilla ice cream	R30
	Carrot cake	
	Chocolate cake	
	Granadilla fridge cheesecake	
	Baked cheesecake	
	Lemon meringue	
	Pecan caramel tart	
	Apple tart tartin with almonds	
	> Add Frangelico liqueur to tart tartin	R18

## SEAFOOD

	Fresh West Coast Mussels, steamed with Sauvignon Blanc and served with fresh ciabatta	
	> Half Portion	R45
	> Full Portion	R90
	Patagonian Calamari grilled with peri peri and served with savoury rice and tartar sauce	
	> Half portion	R45
	> Full portion	R90
	Fresh Line Fish with basmati rice pilaf, basil pesto, tomato and olive salsa and grilled vegetables	R100
	Grilled Tiger Prawns with basmati rice pilaf, peri peri and a crisp fresh green salad	R140
	Seafood Platter with half a pint of prawns, grilled fish, calamari and freshly steamed mussels with rice and chips	R240
	Grilled or beer batter deep-fried hake with a choice of chips, rice or salad and tartar sauce	R60
	Combo deep-fried hake and calamari with chips	R85

## SALADS

	• Caprese Salad with smoked mozzarella on focaccia	R55
	• Salad Niçoise with fresh ciabatta	R65
	• Smoked Salmon Salad with steamed greens, caper berries, croutons and a sour cream and sesame dressing	R65
	• Green Salad with steamed greens, croutons, cucumber, kalamata olives, danish feta and a home made french dressing	R50
	> Add chicken	R25

## SANDWICHES

	Choice of ciabatta /rye or seed loaf	
	• Layered bacon, lettuce and tomato with basil pesto	R55
	• Chicken mayonnaise with rocket, avocado and gruyere cheese shavings	R65
	• Emmenthal cheese, gypsy ham, sun-dried tomatoes and lettuce	R60
	• Smoked salmon trout, cream cheese, cucumber ribbons and caper berries	R70

## WRAPS

Chicken, bacon, pineapple, lettuce and sweet chili mayonnaise	<b>R55</b>
Grilled vegetables, sun-dried tomatoes, basil pesto and haloumi	<b>R55</b>
Smoked salmon trout, cream cheese, cucumber ribbons and caper berries	<b>R65</b>

## PLATTERS

**Mezze Platter** with gypsy ham, kalamata olives, fresh ciabatta, preserved figs, carpaccio, sun-dried tomatoes, smoked mozzarella, camembert, crackers and basil pesto **R90**

**Cheese platter** with 3 cheeses, crackers and preserves **R60**  
> Add Port **R15**

## PASTA

Choice of penne or linguini	
Seafood pasta with mussels, calamari, prawns and sun-dried tomato pesto with freshly chopped herbs	<b>R95</b>
Basil pesto and olive pasta with grated Gruyère cheese	<b>R65</b>
> Add grilled vegetables	<b>R15</b>

## MEAT AND POULTRY

Whole roasted baby chicken with lemon, rosemary and olive oil, served with crispy potato wedges and grilled Mediterranean vegetables **R85**

**NEW** Chicken schnitzel with chips, salad and a creamy mushroom sauce **R75**

**Beef** - served with crispy potato wedges and stir-fried vegetables

<b>Beef fillet</b>	300g	<b>R140</b>
	150g	<b>R85</b>
> Green peppercorn and brandy sauce		<b>R15</b>
> Creamy mushroom and thyme sauce		<b>R15</b>

**Bobotie** with pumpkin fritters, savoury basmati rice and vegetables **R80**

**Beef Burger** **R55**  
> Add cheese **R10**  
> Add bacon and basil pesto **R20**

**Springbok carpaccio** with rocket and gruyere **R50**

**Soup of the day** **R40**

## BEVERAGES

Filter coffee	<b>R10</b>	Milkshakes	<b>R22</b>
Refill	<b>R5</b>	Chocolate, Strawberry, Vanilla, Lime	
Decaffeinated coffee	<b>R15</b>	Iced coffee	
Cappuccino	<b>R15</b>	<b>SOFT DRINKS</b>	
Café Latte	<b>R18</b>	Juices: Orange, Fruit cocktail,	
Red Cappuccino	<b>R16</b>	Mango and Apple	<b>R12</b>
Espresso	<b>R10</b>	Dry Lemon, Ginger Ale,	
Double espresso	<b>R15</b>	Lemonade, Tonic Water,	
Decaffeinated espresso	<b>R12</b>	Soda Water, Tomato Cocktail (200 ml)	<b>R10</b>
Americano	<b>R15</b>	Coke, Coke Lite, Crème Soda, (330 ml)	
Hot chocolate	<b>R18</b>	Tab, Fanta Grape, Fanta Orange,	<b>R15</b>
Milo	<b>R18</b>	Ice tea (330 ml)	<b>R15</b>
Rooibos tea	<b>R10</b>	Peach, Lemon, Green tea	
Five Roses	<b>R10</b>	Other: (330 ml)	
English Breakfast tea	<b>R10</b>	Grappetizer Red, Appletizer	<b>R18</b>
Earl Grey	<b>R12</b>	Cordial mix: Bitters, Kola Tonic,	
Green tea	<b>R12</b>	Lime, Passion Fruit	<b>R5</b>
Lemon tea	<b>R12</b>	Sparkling water (500 ml)	<b>R12</b>
Camomile	<b>R12</b>	Sparkling water (1 lt)	<b>R20</b>
Honeybush	<b>R12</b>	Still water (500 ml)	<b>R12</b>
		Still water (1 lt)	<b>R20</b>